

# Leading Mental Health Services

Ramsay Clinic Albert Road is a dedicated private mental health care facility in the heart of Melbourne.

We aim to help those who are living with mental illness through a wide range of services including:

- Acute inpatient services
- Neurostimulation services
- Day, community and outreach programs
- Outpatient care through private consulting suites at the hospital

These services are available for all ages, from 14 years of age to seniors, and includes treatment for a wide variety of mental health conditions including mood and anxiety disorders, psychosis, addictions, trauma, and post-traumatic stress disorder.

*Previously known as Albert Road Clinic, we've renamed to show that we sit under the umbrella of Ramsay Mental Health. This enables greater accessibility and connection between our services. Whilst our clinic name has changed, our expert, quality care remains the same.*

## Inpatient care

Ramsay Clinic Albert Road have doctors available for new inpatient referrals.

We provide a streamlined intake service to arrange timely assessment and/or admission. Please follow the below guide to make a referral to one of our doctors.

## How to make a referral

### Referral type



### Who to contact

For enquiries regarding an inpatient admission or day patient referral please phone our **Intake Service** on **1300 251 243** between 8.30am – 5.30pm Monday to Friday.

Referrals can be:

- a. faxed directly to **03 9256 8361** or
- b. emailed to [referrals.ARC@ramsayhealth.com.au](mailto:referrals.ARC@ramsayhealth.com.au)

### Outpatient

**Ramsay Clinic Albert Road Psychiatrist**

Outpatient referrals need to be sent **directly to a Psychiatrist.**



Please scan the QR code or visit [ramsaymentalhealth.com.au/albertroad](https://ramsaymentalhealth.com.au/albertroad) and use the Psychiatrist Search Tool or Ezifind to find their contact details.

### What to include in your referral

- Address Inpatient, Day Programs and Outreach referrals to 'Ramsay Clinic Albert Road Psychiatrist' unless you or your patient have a preference for a specific psychiatrist.
- Address Outpatient referrals to the accredited psychiatrist of you or your patient's choice.
- Patient's name, address, date of birth, contact numbers and health insurance details
- Outline of the presenting problem and service requested (inpatient, outpatient, day program, outreach)
- Previous mental health history, treatments or admissions
- Other mental health / addictions care providers currently involved with patient
- Current or potential risk factors (EG. substance use, self-harm or suicidal thoughts or behaviour, verbal or physical aggression, eating disorders)
- Relevant medical history
- Current medications

## Ramsay Clinic Albert Road

31 Albert Rd, Melbourne VIC 3004

Ph: 03 9256 8311

[ramsaymentalhealth.com.au](https://ramsaymentalhealth.com.au)



**Ramsay  
Mental Health**