



Psychiatrists Consulting and Admitting to Mitcham Private Hospital

Adult Mental Health Admission/Enquiries
Ph: 03 9210 3155 Fax: 03 9210 3225

Perinatal Mental Health Enquiries/Admission
Ph: 03 9210 3383 Fax: 03 9210 3166

24 hrs/7 days a week

Referral forms available online www.mitchamprivate.com.au

33 Doncaster East Road, Mitcham VIC 3132 mitchamprivate.com.au

Languages spoken

Si	Sinhalese	T	Tamil	Ko	Konkani
Ma	Malayalam	H	Hungarian	Hi	Hindi
R	Russian	R	Romanian	Te	Telugu
Mal	Malay	K	Kannada	Female F	

General Adult Psychiatry	Adult ADHD	Anxiety Disorders	Consultation Liaison Psychiatry	Disassociative Disorder	Family/Couple Therapy	GP Management Item 291	Medico Legal Reports	Mod Disorders	Pain Management	Parent and Infant	Perinatal	Personality Disorders	Psychotherapy	Second Opinions	Trauma/PTSD	Workcover/TAC	Dementia
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Whitehorse Specialist Group 10 William Street Mitcham VIC 3132 Ph: 03 8813 0582 Fax: 03 8806 4348		General Adult Psychiatry	Adult ADHD	Anxiety Disorders	Consultation Liaison Psychiatry	Disassociative Disorder	Family/Couple Therapy	GP Management Item 291	Medico Legal Reports	Mod Disorders	Pain Management	Parent and Infant	Perinatal	Personality Disorders	Psychotherapy	Second Opinions	Trauma/PTSD	Workcover/TAC	Dementia	
Dr Chintanie De Silva F (Si)		✓	✓	✓	✓	✓			✓		✓		✓	✓			✓	✓	✓	
33 Doncaster East Road, Mitcham VIC 3132 Ph: 03 9210 3353 Fax: 03 9872 5964																				
Dr Ganesan Duraiswamy (T, K)		✓	✓	✓	✓	✓			✓		✓		✓	✓	✓	✓	✓	✓		
Dr Naomi Elliot F		✓			✓	✓			✓		✓	✓	✓	✓	✓	✓	✓		✓	
Dr Ruvanya Illesinghe F		✓			✓				✓		✓		✓			✓		✓		
Dr Jessica Kuc F		✓			✓				✓		✓		✓	✓	✓					
Dr Raju Lakshmana (Hi, K, Te)		✓				✓			✓				✓				✓			
Dr Lochanie Fonseka F		✓	✓	✓	✓	✓			✓		✓		✓	✓		✓		✓	✓	✓
Dr Hiranthi Perera F		✓			✓				✓		✓		✓	✓	✓	✓		✓		
Dr Anupam Pokharel		✓			✓	✓			✓		✓	✓	✓		✓	✓	✓	✓		
Dr Arun Subramaniam (Mal, T)		✓		✓	✓	✓	✓				✓		✓				✓	✓		
Dr Duncan Taylor		✓			✓			✓	✓		✓	✓		Mild	✓	✓	✓	✓		
Dr Krisztina Tibad F (H,R)		✓		✓	✓				✓		✓		✓	✓				✓	✓	
Dr Ajith Weeraman (Si)		✓			✓				✓		✓					✓		✓	✓	
Dr Kwong Yeang		✓			✓				✓		✓			✓	✓			✓	✓	
Dr Amit Zutshi		✓	✓		✓				✓		✓			✓	✓	✓	✓	✓	✓	
In-patient admissions only Ph: 03 9210 3155 Fax: 9210 3225																				
Dr Margaret Lumley F		✓			✓	✓	✓				✓	✓	✓		✓	✓		✓	✓	



Mental Health Services

available at Mitcham Private Hospital

33 Doncaster East Road, Mitcham VIC 3132 mitchampprivate.com.au

Adult Mental Health Unit

Victoria Court, a 21 bed acute adult mental health unit, specifically designed to treat patients with a range of mental health concerns including:

- Mood and Anxiety Disorders
- Psychosis
- Personality disorders
- Trauma/Post Traumatic Stress Disorders
- Dissociative Disorder
- Pain management

Group therapy

Our comprehensive group therapy program is a goal focused approach to wellness which enables the patient and the treating team to identify and streamline an individual care pathway that best suits the patient.

Common goals identified include;

- Anxiety Management
- Self-Awareness
- Communication skills
- Relationship Improvement
- Self efficiency

Community Outreach Program

Provides mental health treatment and therapeutic support to enable individuals to recover, develop coping strategies and maintain wellness. The program seeks to minimise the disruption that can occur in a person's day to day living by reducing the length and frequency of hospital stays and providing recovery focused community care and is only available to patients already accessing the in-patient service.

Perinatal Mental Health

Provides specialised care for mothers experiencing perinatal depression, anxiety and other related conditions. Mothers can be admitted with their babies up to the age of 12 months.

Having to deal with so many changes during pregnancy and the year following birth can place some women at risk of developing or having an exacerbation of an existing mental health condition including:

- Depression
- Mood and anxiety disorders
- Stress and Grief
- Bipolar Disorders
- Schizophrenia
- Post Traumatic Stress Disorders
- Medication Changes

Our service offers a comprehensive range of care including quick assessments (including telehealth option), consultation liaison and referral to outreach, day programs and Mother Baby unit.

33 Doncaster East Road

Mitcham, VIC 3132

People caring for people.



**Mitcham
Private Hospital**
Part of Ramsay Health Care

mitchampprivate.com.au