

Day Program Services Referral Form

PLEASE INDICATE PROGRAM REQUIRED:	
General Outpatient Program	Drug and Alcohol Services

PATIENT INFORMATION:	
Full name:	Contact number:

PRIMARY DIAGNOSIS (AND SECONDARY IF APPLICABLE):
Additional Information:

AREAS REQUIRING ATTENTION:	
Unhelpful thinking patterns	Trauma, self-worth, and identity
Stress, anxiety, or low mood	Behavioural activation / motivation
Emotional regulation and distress tolerance	Creative and expressive support (art, music)
Mindfulness and acceptance skills	Other
Relationships and communication	If other, please state:
Routine, organisation, and focus	

AUTHORISATION AND REFERRER DETAILS	
<p>By signing and sending this referral I declare and acknowledge that:</p> <ul style="list-style-type: none"> This referral will be valid for 12 months. The information provided in this form is complete, true and correct to the best of my knowledge. The patient is suitable to safely engage in Ramsay Day Clinic Kahlyn outpatient programs. The patient has consented to their personal and health information being shared with Ramsay Day Clinic Kahlyn. The referrer agrees to act as the treating psychiatrist for this patient throughout the referral period and will provide notification should this arrangement change. 	Referrer name:
	Phone number:
	Email:
	Signature: _____ Date: _____

Please email your completed referral form to admin.kph@ramsayhealth.com.au or fax to 8364 0811

Ramsay Day Clinic Kahlyn

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People caring for people



Ramsay
Mental Health