

Ramsay Clinic Support Group



We warmly welcome anyone caring for or about a loved one with mental health struggles.

When

2:00pm - 4:00pm
2nd Tuesday
of the month

Where

Ramsay Clinic New Farm
22 Sargent Street
New Farm QLD 4005

Day Program Group
Room 1
(the first at the top of
the stairs on level 2)

We're pleased to share that we are hosting a support group at Ramsay Clinic New Farm starting on the 2nd Tuesday of every month.

What to expect at a Support Group?

Our carer support groups offer a supportive environment where people have the opportunity to talk about their feelings without judgment, help explore alternative ways of coping, offer support to other group members, or simply listen and observe. Confidentiality is essential and all participants are encouraged to keep information shared within the group.

Please contact carersupport@arafmi.com.au or call the Carer Support Team on 3254 1881 if you have any questions, are planning to attend the group for the first time or you are unsure if this support group is relevant for you.

